

TABLA DE CONVERSION DE TOQUES

Ft-Lb	Nm	Kg.m
10	13.56	1.38
15	20.34	2.07
20	27.12	2.76
25	33.9	3.45
30	40.68	4.14
35	47.46	4.83
40	54.24	5.52
45	61.02	6.21
50	67.8	6.9
55	74.58	7.59
60	81.36	8.28
65	88.14	8.97
70	94.92	9.66
75	101.7	10.35
80	108.48	11.04
85	115.26	11.73
90	122.04	12.42
95	128.82	13.11
100	135.6	13.8
105	142.38	14.49
110	149.16	15.18
115	155.94	15.87
120	162.72	16.56
125	169.5	17.25
130	176.28	17.94
135	183.06	18.63
140	189.84	19.32
145	196.62	20.01
150	203.4	20.7
155	210.18	21.39
160	216.96	22.08
165	223.74	22.77
170	230.52	23.46
175	237.3	24.15
180	244.08	24.84
185	250.86	25.53
190	257.64	26.22
195	264.42	26.91
200	271.2	27.6
205	277.98	28.29
210	284.76	28.98
215	291.54	29.67
220	298.32	30.36
225	305.1	31.05

Ft-Lb	Nm	Kg.m
255	345.78	35.19
260	352.56	35.88
270	366.12	37.26
280	379.68	38.64
290	393.24	40.02
300	406.8	41.4
310	420.36	42.78
320	433.92	44.16
330	447.48	45.54
340	461.04	46.92
350	474.6	48.3
360	488.16	49.68
370	501.72	51.06
380	515.28	52.44
390	528.84	53.82
400	542.4	55.2
410	555.96	56.58
420	569.52	57.96
430	583.08	59.34
440	596.64	60.72
450	610.2	62.1
460	623.76	63.48
470	637.32	64.86
480	650.88	66.24
490	664.44	67.62
500	678	69
510	691.56	70.38
520	705.12	71.76
530	718.68	73.14
540	732.24	74.52
550	745.8	75.9
560	759.36	77.28
570	772.92	78.66
580	786.48	80.04
590	800.04	81.42
600	813.6	82.8
610	827.16	84.18
620	840.72	85.56
630	854.28	86.94
640	867.84	88.32
650	881.4	89.7
660	894.96	91.08
670	908.52	92.46
680	922.08	93.84

230	311.88	31.74
235	318.66	32.43
240	325.44	33.12
245	332.22	33.81
250	339	34.5

690	935.64	95.22
700	949.2	96.6
710	962.76	97.98
720	976.32	99.36
730	989.88	100.74